

Musical Theater Dance Class Curriculum

Instructor: Blair Stepp

Course Description:

Cost: \$80.00 per month

Class Times: Fall and Spring Semesters, Fridays, 4 – 5 PM

Schedule:

Weeks 1 – 5

Students will begin each lesson with 20 minutes of stretching and conditioning before moving on to learn the 6 basic dance positions (both turned out and parallel). Students will learn the following steps: plie, releve, pas de bourree, chasse, ball change, pivot turn, and 3-step turn. A combination of these steps will be learned and music will be added. Students will improv a dance using the learned steps.

Weeks 6 – 10

Students will begin each lesson with 20 minutes of stretching and conditioning before moving on to reviewing positions and steps previously learned. Students will learn the following steps: pony, shimmy, kick ball change, jazz square, grape vine, and pirouettes (turned in and turned out). A combination of these steps will be learned and music will be added. Students will improv a dance using the learned steps.

Weeks 11 – 16

Students will begin each lesson with 20 minutes of stretching and conditioning before moving on to reviewing positions and steps previously learned. Students will learn choreography for Christmas recital (or parent observation). Possibilities of musical numbers include “Christmas Children” from *Scrooge*, “We Need a Little Christmas” from *Mame*, and “You’re a Mean one Mr. Grinch” from *How the Grinch Stole Christmas the Musical*.

Weeks 17 – 21

Students will begin each lesson with 20 minutes of stretching and conditioning before moving on to learning the 6 basic dance positions (both turned out and parallel). Students will learn the following steps: botmas, drag step, roll to ground, chaines, forward roll, and attitude jumps. A combination of these steps will be learned and music will be added. Students will improv a dance using the learned steps.

Weeks 22 – 26

Students will begin each lesson with 20 minutes of stretching and conditioning before moving on to learning the 6 basic dance positions (both turned out and parallel). Students will learn the following steps: hitch kick, fan kick, bell kick, coffee grinder, axel turn, and baseball slide. A combination of these steps will be learned and music will be added. Students will improv a dance using the learned steps.

Weeks 27 – 32

Students will begin each lesson with 20 minutes of stretching and conditioning before moving on to reviewing positions and steps previously learned. Students will learn choreography for Spring recital (or parent observation). Dances will be choreographed to Broadway musical numbers.